



ONLINE + OFFLINE

Home-Learning Ideas

FOR KIDS, TWEENS AND TEENS

Thank you to the hundreds of people who
contributed ideas ...



ART/CRAFT



Lunch time doodles with Mo Willems

(award-winning author and illustrator)

kennedy-center.org/education/mo-willems

Pixar in a Box

This is a free behind-the-scenes look at how Pixar artists do their jobs. You will be able to animate bouncing balls, build a swarm of robots, and make virtual fireworks explode. The subjects you learn in school – math, science, computer science, and humanities – are used every day to create amazing movies at Pixar.

khanacademy.org/partner-content/pixar

Art For Kids Hub

My kids have loved this site for years. Watch a dad and his kids teach you how to draw. BRILLIANT.

artforkidshub.com

Frugal Fun 4 Boys

Sarah who is a mum to four boys and one little girl. Has created a place to find fun activities that kids will LOVE! She specializes in LEGO building ideas, STEM activities, and play ideas for active kids!

frugalfun4boys.com

Artventure

artventure.com.au

Art Eye Deer

Paid online art classes

arteyedeer.com.au

Scratch

Create stories, games and animations

scratch.mit.edu

Scratch Jr

Free app scratchjr.org

Udemy

‘Our daughter is currently learning to draw manga course on Udemy and they have some fantastic other kids-safe courses on there too.’

Paid online courses udemy.com

Tinkerlab

tinkerlab.com

Picklebums

picklebums.com

BOOKS/READING



Reading Opens Doors

Contains online activities for children to complete that relate to any book. The best part is that children choose how they respond (plenty of scope to use their technology skills, art, drama or whatever strengths they have). There are also free activities for children to complete on the website at

readingopensdoors.com.au

Storybox Library

Aside from over 300 stories, Storybox Library has a range of short films celebrating authors and illustrators (think Aaron Blabey, Ann James, Leigh Hobbs, Ursula Dubosarsky). They are in the process of creating an easy to access at home activities that relate to our stories, and unlike stories found on YouTube, there are no ads and we pay copyright fees to all of our publishers and creators. storyboxlibrary.com.au

Storyline Online

Fave kids books read by famous people
storylineonline.net/

Writing tips from award-winning children's author Kate DiCamillo

youtu.be/yA1CTuZ27Bs

Kids Online Writing Course by Allison Tait

Embark on a storytelling adventure!
writerscentre.com.au/courses/kids-writing-quest/

Kids author Josh Langley is reading his books aloud

facebook.com/joshlangleywriter

DON'T FORGET YOUR LOCAL LIBRARY WILL GIVE YOU FREE ACCESS TO EBOOKS AND AUDIO BOOKS!

CODING



Scratch

scratch.mit.edu

Tynker

tynker.com

Makers Empire

It's a free coding app, where kids can build their own obstacle courses. makersempire.com

Swift Playgrounds

is a good starting place for code.
apple.com/au/swift/playgrounds

Australian Computing Academy: Year 3/4

Code a cute Wombot around a maze
aca.edu.au/resources/blockly-wombot

Year 5/6

Design shapes using a turtle
aca.edu.au/resources/blockly-turtle

Year 7/8

Learn about password safety and online sharing in our super realistic course on information privacy
aca.edu.au/resources/cyber-infosec

Year 9/10

get inside the mind of a hacker (in a good way) in our course on web security
aca.edu.au/resources/cyber-websec

STEM-PUNKS

Award-winning Brisbane business STEM Punks makes learning about STEM fun and accessible. FREE Unplugged curriculum-aligned STEM activities for students in Prep to Year 6. These programs require no additional STEM Tools and can be used from home or in schools.
stempunks.com.au

COOKING



Bake Club Online Baking Classes

(new 14 day class coming for kids and adults!)
bakeclub.com.au/products/baking-foundations-online

Nomster Chef

Illustrated recipes designed to help kids age 2-12 cook with their grown-ups. Recipes encourage culinary skills, literacy, math, and science.
nomsterchef.com/nomster-recipe-library

ENGLISH/CREATIVE WRITING/READING



50 Writing Prompts for Primary School Kids

thoughtco.com/quick-writing-prompts-p2-2081846

Mad Libs

(free app where you create hilarious stories and learn the difference between verbs, nouns etc)

madlibs.com

Reading Eggs

Teaching kids to read.

readingeggs.com.au

Inanimate Alice

inanimatealice.com.au

GAMES



Minute to win it games

hellowonderful.co/post/minute-to-win-it-games-for-kids

Educational Minecraft

education.minecraft.net

Words With Friends

apps.apple.com/us/app/words-with-friends-classic/id321916506

Heads Up

have to pay for this one – but brilliant for a group of kids – cross between celebrity heads and charades).

apps.apple.com/au/app/heads-up/id623592465

Monument Valley Game

This is a great Escher-style puzzle game, which make you think laterally to move through the levels.

monumentvalleygame.com/mv2

Any Tocca Bocca Apps for younger kids!

Busy Things

Great UK based creative games loved by my kids since they were VERY little and now aged 10 and 7yo. High on quirkiness and fun, low on addictive power. busythings.co.uk

GENERAL LEARNING – FREE



Learn to Touch Type

bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr

CrashCourse

Educational Youtube channel created by author John Green ('The Fault In Our Stars') and his brother Hank. youtube.com/user/crashcourse

Crash Course Kids

m.youtube.com/user/crashcoursekids

BBC Bitesize

(brilliant learning resources here in three age groups 3-11 years, 11-16 years and 16 years and over)

bbc.co.uk/bitesize/learn

Khan Academy

A free online learning platform which has lessons on everything from maths and English to history and other topics. It's for all ages kindy to adult. It's a fabulous resource set up to ensure all kids, regardless of socio demographics, have access to education. khanacademy.org

Ted Ed

All sorts of engaging educational videos
ed.ted.com

Fuse

fuse.education.vic.gov.au

Thoughtco

Free lifelong learning
thoughtco.com

Bravery School

braverymag.com/blogs/blog/bravery-school-is-in-session

Star Fall

starfall.com/h

The Kids Should See This

Wide range of cool educational videos
thekidsshouldseethis.com

Crest Awards

Science awards you can complete from home.
crestawards.org

Paw Print Badges

Free challenge packs and other downloads. Many activities can be completed indoors. Badges cost but are optional.

pawprintbadges.co.uk

Tinkercad

All kinds of making.
tinkercad.com

LANGUAGES



Duolingo

duolingo.com

Mind Snacks

mindsnacks.com

MATHS



Quick Maths App

apps.apple.com/au/app/quick-maths/id1105735200

Mathific

matific.com/au/en-au/home

Mathsonline

mathsonline.com.au/login

Free Maths Problems

amt.edu.au/department/free-problems

Prodigy Games

has tutorials and online rewards for completing lessons. FREE. prodigygame.com

Avokiddo Apps

are good for spatial thinking and logic eg. Thinkrolls and Kings and Queens.
avokiddo.com/apps

Wild Maths from Oxford University

wild.maths.org

Fun Brain

Math and Reading games funbrain.com

MENTAL HEALTH



Calm App

calm.com

Smiling Mind

smilingmind.com.au

MUSIC



Simply Piano

by JoyTunes
joytunes.com

Hoffman Academy

hoffmanacademy.com/popular-songs

MOVEMENT



Cosmic Kids Yoga

cosmickids.com

Go Noodle

Engages 14 million kids every month with movement and mindfulness videos created by child development experts. Available for free!
gonoodle.com

SworKit!

Kid-friendly workouts – choose from Strength for Kids, Agility for Kids, Flexibility and Balance for Kids, Warm-Up for Kids, Cooldown for Kids, Stand Up and Move for Kids, OR create your own custom kid workout. app.sworKit.com/collections/kids-workouts

Girls Guides

are holding meetings online! girlguides.org.au

SCIENCE



National Geographic Kids

Activities and quizzes for younger kids.
natgeokids.com/uk

Mystery Science

Free science lessons
mysteryscience.com

The Depths of the Sea

Brilliant website exploring the depths of the sea.
neal.fun/deep-sea/?fbclid=IwAR3GTWmEln7S2P61Mh-OittxbwIN5bHKOweZjxSkR5vkJyqxH4g2jIqNKrU

SPEECH/OCCUPATIONAL THERAPY



The OT Tool Box

At home OT, PT, and ST resources designed to build skills in children through movement and play.
theottoolbox.com

Speech Blubs app

Fantastic for young kids or those who need a little speech therapy, very engaging & entertaining
speechblubs.com

RESOURCE WEBSITES



Twinkl

Has great printable educational resources for teachers and parents. It's a subscription site, but for around \$10 a month there are heaps of worksheets /programs for all subject areas filterable by Australian curriculum/year level/subject and particular skill. I have used it to supplement my child with learning needs homework in the past. Also has themed activities - Easter etc - yet to see any corona virus stuff! [Twinkl.co.uk](https://www.twinkl.co.uk)

Scholastic

FREE HOME LEARNING RESOURCES!
[scholastic.com/teachers/teaching-tools/articles/resources/scholastic-learn-at-home--free-resources-for-school-closures.html](https://www.scholastic.com/teachers/teaching-tools/articles/resources/scholastic-learn-at-home--free-resources-for-school-closures.html)

Big Life Journal

FREE HOME LEARNING RESOURCES!
[biglifejournal.com](https://www.biglifejournal.com)

VIRTUAL FIELD TRIPS: LIBRARIES, MUSEUMS, ZOOS, AQUARIUMS



MUSEUMS

Visit some of the best art galleries in the world virtually. From Paris to New York to Amsterdam, kids can see priceless works of art from the world's most famous artists.

Tate:

Tate Kids (Games and quizzes, videos, kids' art, etc.)

Metropolitan Museum of Art: MetKids

Exploratorium: Science Experiment "Snacks"

American Museum of Natural History:

Ology science website for kids

Shedd Aquarium: Sea Curious

Kid Questions, Animal Answers (YouTube)

Glazer Children's Museum: Online Activities

Children's Museum of South Dakota:

Recipes for Play

Suzhou Museum: Online Mini-Games

Pittsburgh Children's Museum:

The MAKESHOP Show (Makerspace Blog)

The Children's Museum of Indianapolis:

Museum at Home

Long Island Children's Museum:

Play Outside Ideas

Norton Simon Museum:

Art Projects for Kids (scroll to section)

The Kennedy Center:

ArtsEdge, art education resources

Thomas Cole National Historic Site: Videos

Canadian Museum of Nature:

Coloring Pages, Arctic, Garden, Dinosaurs

MCA Chicago: "Art Like Me" Culturally-Relevant

Art Workbook for Kids

National Museum of Australia:

"Fun at Home" DIY activities

Smarthistory:

Source of history content for Khan Academy

iCivics: Virtual games (free beginning with Covid-19)

International Association of Children in Museums:
Coronavirus Guide

Louvre Museum, Paris
louvre.fr/en/visites-en-ligne

National Gallery of Art, Washington DC
artsandculture.google.com/partner/national-gallery-of-art-washington-dc?hl=en

Metropolitan Museum of Art
artsandculture.google.com/partner/the-metropolitan-museum-of-art

ZOOS

San Diego Zoo
kids.sandiegozoo.org/videos

Zoo Atlanta Panda Cam
youtu.be/_6wbfVWV8Q

Smithsonian's National Zoo
nationalzoo.si.edu/webcams

Reid Park Zoo Lion Cam in Tuscon, AZ
reidparkzoo.org/cameras/lion-cam

**Ouwehand Park Polar Bear Cubs
Rhenen, Netherland**
explore.org/livecams/polar-bears/polar-bear-ouwehand-twin-cubs-cam-2

TRAVEL

Google Maps
Street view will allow you to visit almost any destination around the world. Check out this view from **Pompei**.

Visit the Great Wall of China
thechinaguide.com/destination/great-wall-of-china

Van Gogh Museum, Amsterdam
artsandculture.google.com/partner/van-gogh-museum?hl=en

Uffizi Gallery, Florence Italy
artsandculture.google.com/partner/uffizi-gallery?hl=en

Virtual tour from the Dutch Postal Museum
It's historical, letters from the 17th century!
brienne.org/exhibit-1

Monterey Bay Aquarium
montereybayaquarium.org/animals-and-exhibits/live-web-cams

Georgia Aquarium
georgiaaquarium.org/webcam/ocean-voyager

National Aquarium Virtual Tour
samuraivirtualtours.com/example/nadc/index.html

Virtual Tour of the Seattle Aquarium
Play games and learn all about animals
switchzoo.com

Virtually discover Yellowstone National Park
nps.gov/yell/learn/photosmultimedia/virtualtours.htm

Tour England through **this 360 video**.

Take a live look at **Colonial Williamsburg**.

Go on a virtual field trip to **Ellis Island**.

AND MORE STUFF...



Digital archive of history

bunkhistory.org

Daily free science or cooking experiment to do at home.

clubscikidzmd.com/blog

35,000 pages of online content

on the cultures and countries of the world.

countryreports.org

Free Weeks of Maker Stations

to keep your children creating at home! Each challenge includes simple instructions using materials around the house, QR code video resources, and a student recording sheet.

bit.ly/freemakerstations

Interactive video

earth science based curriculum supplement.

everyday-earth.com

Poetry and music

thewell.world/mindful-music/mindful-poetry-moments

National Geographic Young Explorers

is a magazine designed specifically for kindergarten and first grade students. Children can listen to the magazine being read to them as they follow along with the highlighted text.

ngexplorer.cengage.com/ngyoungexplorer/index.html

An interactive way to learn history

mission-us.org

Allows students to type in any city, state, or country to view an archive of historical photographs and other documents. It's a unique way to help them learn about history. whatwasthere.com

A human visualization platform that allows students to explore the human body in really cool ways.

human.biodigital.com/login?returnUrl=%2Fdashboard

Helps kids learn to appreciate the arts by providing them with the opportunity to play games, conduct investigations, and explore different forms of art.

artsology.com

No need to travel to one of the Smithsonian's zoos or museums – this website brings your child everything from live video of the National Zoo to the Smithsonian Learning Lab right to their screen

si.edu/kids

This NASA initiative covers a wide range of topics including weather, climate, atmosphere, water, energy, plants, and animals. climatekids.nasa.gov

Kids Think Design explores careers in fashion design, graphic design, interior design, book design, product design, film and theatre, architecture, animation, and environmental design.

kidsthinkdesign.org

Innerbody explores the 11 bodily systems in depth. With interactive models and detailed explanations, this website will help them learn more about the internal mechanics of the amazing human body.

innerbody.com/htm/body.html

Nature Detectives

A lot of these can be done in a garden, or if you can get to a remote forest location! naturedetectives.woodlandtrust.org.uk/naturedetectives/

Oxford Owl for Home

Lots of free resources for Primary age

oxfordowl.co.uk/for-home/

Big History Project

Aimed at Secondary age. Multi disciplinary activities.

bighistoryproject.com/home

Geography Games

Geography gaming!

world-geography-games.com/world.html

Blue Peter Badges

If you have a stamp and a nearby post box.

bbc.co.uk/cbbc/joinin/about-blue-peter-badges

The Artful Parent

Good, free art activities

facebook.com/artfulparent/

Red Ted Art

Easy arts and crafts for little ones

redtedart.com

The Imagination Tree

Creative art and craft activities for the very youngest.

theimaginationtree.com

Toy Theater

Educational online games

toytheater.com

DK Find Out

dkfindout.com/uk/?fbclid=IwAR2wJdpSJSelTf4do6aPhff8A3tAktmpaxqZbkgudD49I71ep8-sjXmrac

PORTALS



Google Arts & Culture: Tours of 500 of the world's most famous museums

Heritage on the Edge:

A project of Google Arts & Culture

Europeana: 50,000,000 European works of art, books, music, and more

Smithsonian Open Access: Search 2.8 million images and 3D Models

ArtUK: Art collections from 3,200 UK organizations

Mexican Ministry of Culture: Short films, books, radio, paintings, from all cultural orgs

Memorica:

Open access Mexican culture content portal

China's National Cultural Heritage Administration:

Virtual portal of 100 institutions

OpenGLAM: Aggregates 88 unique open collections

NASA Image & Video Library: All NASA content is in the public domain

DPLA: Digital Public Library of America

MIMO: Musical Instrument Museums Online (64,000+ instruments)

BioExplora: Natural science open collections portal (3D images, bio diversity)

Archaeological Analytics: Archaeological Open Access Collections

Digital Agnes: Canadian portal for curatorial research and online exhibitions

English Heritage: Variety of mediums of British content (Podcasts, videos, etc.)

Creative Commons: Aggregates all CC-licensed content and collections globally

Wikimedia Commons:

Over 20,000,000 open images

Wikidata: "The Sum of all Paintings" metadata initiative via Wikimedia

GLAM Portals Google Search: Courtesy of Mia Ridge (context on her [blog](#))

Open Culture Coloring Pages:

113 museum coloring books

Global Museum: Portal for museum news, jobs, and resources

V21ArtSpace: Over 100 exhibit virtual tours

Arte.tv: Cultural documentaries, films, and more.

VIRTUAL TOURS/ONLINE EXHIBITS



VIRTUAL TOURS

Pitt Rivers Museum

University of Oxford: Virtual Tour

Dalí Theatre-Museum

Catalonia: Virtual Tour

The Vatican:

360-degree Museum Tours

The Palace Museum:

The Forbidden City, China, 360-degree Virtual Tour

Hallwyl Museum

Stockholm: VR Tour

Byzantine and Christian Virtual Museum:

Virtual Tour

The Louvre

Paris: Virtual Tour

The Hermitage

Russia: Virtual Tour (YouTube)

Westminster Abbey

London: Virtual Tour

The Science Museum

London: Shipping Galleries Virtual Tour

Florence as it Was: 3D models of Florentine buildings, artworks, and squares

Mexican National Institute of Anthropology & History: Virtual Tours (Flash)

National Museum of Natural History

US: Virtual Tour

National Archaeological Museum

Spain: Virtual Museum

The Frick, Pittsburgh:

Virtual tours, online collections, activities

Cranbrook Art Museum

Michigan: Exhibit Virtual Tours

American Battlefield Trust:

360-degree Battlefield Tours

Thomas Jefferson's Monticello: Virtual Tour

George Washington's Mount Vernon:

Virtual Tours, timelines, etc.

Yellowstone National Park US: Virtual Tours

Yosemite National Park US: Virtual Tour

ONLINE EXHIBITS

Girl Museum: Online Exhibits

Virtual Migration Museum:
Interactive Online Experience / App

JFK Library:
“Moonshot” App and Online Interactive

Virtual Museum of Canada:
Virtual Exhibits and Cultural Content

Museum of Ontario Archaeology:
“History of Ste. Marie II” Online Exhibit

Monterey Bay Aquarium: Animal Live Cams

National Museum of Canada: Online Exhibitions

Remembering Lincoln, Ford’s Theatre:
Interactive online exhibit

M Woods
Beijing, China: Experimental Online Exhibition

Second Canvas Apps:
30 Museum Apps (Google Sheet)

Reina Sofía Museum Radio: Audiovisual resources;
an acoustic museum experience

Smithsonian Latino Virtual Museum

E-LEARNING



Smithsonian Learning Lab

MoMA Learning

Speed Art Museum: At-home art-making videos

The Field Museum: The Brain Scoop (YouTube)

North Carolina Museum of Art: Learn, (collections, videos, curriculum)

Sketchfab: 3D Models (link goes to cultural-specific search)

The Hammer: Contemporary Art programs, (YouTube)

Royal Albert Memorial Museum: Exeter Time Trail (Interactive timeline)

Les Fruits de Mer: Activities, books, films about Caribbean wildlife

Museum of Early Trade and Crafts: Recipes, Games, Coloring Pages, etc.

Museum Strathroy-Cardoc: Sydenham River Discovery online exhibit (Flash)

Denver Art Museum: Artist videos

Virginia Museum of History & Culture: Lecture series videos

Better World Museum: Draw Together in VR, Bob Ross-style videos

Discover XR: The Future of Social Media & Online Learning (YouTube)

KaiXR: Free Museum VR Field Trips (no VR gear needed)

HistoryView.org: Virtual Reality Tours

CREATED FOR KIDS ONLINE COLLECTIONS



Rijksstudio: Remix collections from Rijksmuseum

Naturalis: 40,000,000 natural science collections objects

SMK Open: National Gallery of Denmark Collections

Canadian Museum of History

UK Postal Museum

South West Collections: England

Brooklands Museum
Surrey, UK (cars, motorcycles, aircraft)

Open Access at the Met

New York Archaeological Repository:
Nearly 1,000,000 objects

Cooper Hewitt
New York (historical and contemporary design)

Cleveland Museum of Art: Ohio

Albright-Knox: New York

The Barnes Collection: Philadelphia

Corning Museum of Glass: New York

Scottsdale Museum of Contemporary Arts: Arizona

The Henry Ford: Michigan

Eskenazi Museum of Art: Indiana University

Woodrow Wilson Presidential Library & Museum
Virginia

Akron Art Museum: Ohio

Oakland Museum of California

National Museum of African American History & Culture

Chicago History Museum: Illinois

Walker Art Center
Minneapolis (visual, performing, media arts)

The Hammer: LA (contemporary art)

The Walters: Baltimore

DIGITAL ARCHIVES & LIBRARIES



US National Archives Catalog

Library of Congress

Trove: National Library of Australia images, books, newspapers, maps, etc.

Biodiversity Heritage Library

Endangered Archives, British Library

National Archives of Japan

Amsterdam City Archive

Louisiana Digital Library: 400,000+ digital items from archives, libraries, museums

Internet Archive: The Wayback Machine, digitized film, books, music, etc.

American Literature Portal: WikiSource

English Literature Portal: WikiSource

OFFLINE ACTIVITIES FOR KIDS IN LOCKDOWN



BY DANIELA MINNS

danielaminns.com

(This woman is a genius!! - Bec)

To make this more fun you could print and cut these suggestions up onto strips, then lucky dip an activity. I don't know why this makes it more fun but my kids love it when I lucky dip things!

1. Treasure hunt (with clues, hide a favourite toy somewhere in the house)
2. Make a batch of play doh livingwellmom.com/easy-homemade-playdough-recipe
3. Tint shaving cream with food colouring, paint the windows or glass doors (or the inside of the shower glass) then rinse it off
4. Go through clothing from previous seasons, try on and cull things that are too small
5. Play dress ups in mum and dad's clothes - do a photoshoot
6. Graffiti the garden fence with chalk
7. Make a small bowl, plate, egg cup or statue from air dry clay
8. Day spa - do a Mani/Pedi/foot soak/face mask
9. Go through old photos and videos, and old craft and paintings
10. Have a Living Room disco - play freeze, musical chairs, have a dance off
11. Go through recipe books together and have a bake off challenge
12. Do a backyard scavenger hunt heyletsmakestuff.com/printable-back-yard-scavenger-hunt
13. Make Origami animals or paper ninja stars (check youtube for instructions)
14. Gardening- pull weeds, trim bushes, collect flowers for a vase
15. Make a mud kitchen in the garden, make different coloured rock paint
16. Practice hammering nails into a plank of wood howweelearn.com/porcupine-woodworking-craft/
17. Organise the books on your shelf into a rainbow i.pinimg.com/564x/b5/d4/b3/b5d4b3328c79b026d6e63fd44ecf42d6.jpg
18. String up a sheet tent in the backyard flickr.com/photos/32006501@N04/5858911190/in/photostream/
19. Find three toys to give to charity
20. Using lego characters or other small toys, make a stop motion movie (download the app Stop Motion to your phone or ipad)
21. Organise your lego and then have a building challenge (who can build the best house, hotel or shop?)
22. Write notes of love, compliments or doodles and hide them around the house for family to find
23. Do a marshmallow toothpick engineering challenge playteachrepeat.com/marshmallow-toothpick-building-challenge/
24. Do a yoga class together youtube.com/watch?v=-6erFaJZqP4
25. Create an "god's eye" weaving using sticks and wool skiptomylou.org/gods-eye/
26. Build a teepee fairy house reallifeathome.com/teepee-style-fairy-house/
27. Try shadow drawing, leaf rubbings, painting bark or stones
28. Build a bug hotel pinterest.com.au/pin/417568196702254667/
29. Try leaf threading kidscraftroom.com/all-natural-leaf-threading/ and make a nature chandelier pinterest.com.au/pin/120471358752239565/

30. Use a mirror to draw a self portrait
31. Create an alfoil river in the garden and float things down it pinterest.com.au/pin/120471358754159749/
32. Learn to braid hair
33. Create an obstacle course
34. Build a fort using the couch and every cushion/ pillow you can find
35. Thread pasta into jewellery
36. Make 3D paper rainbows teachpreschool.org/2012/03/07/paper-rainbows-and-the-ten-second-rule/
37. Make your own bubble blower pinterest.com.au/pin/4292562132234372/
38. Put goggles and swimmers on and swim in the bath
39. Go through your board/card games and challenge yourself to play them all. Design your own game.
40. Make greeting cards for the stationery cupboard to be used for birthdays and other occasions
41. Paint a family portrait to be framed and hung
42. Choose a picture book each and read aloud to each other in the biggest bed in your house
43. Have a handball tournament
44. Write a short story or poem that includes a dog, an umbrella and some sushi
45. Find 10 different shaped leaves in the garden
46. Create a paper crown for a member of your family and decorate it
47. Make a paper chain to hang up in the dining room pinterest.com.au/pin/20618110782314477/
48. Try the travelling water experiment pinterest.com.au/pin/120471358753094315/
49. Fill a small spray bottle with water & aromatherapy oil and then spray and wipe the house
50. Fold paper and cut out paper snowflakes
51. Make pom poms out of wool pinterest.com.au/pin/120471358753869763/
52. Play drawing games like 'Simon Says Drawing' momto2poshlildivas.com/2012/06/playing-simon-says-draw-to-practice.html ; Mr Squiggle drawing creatifulkids.com/squiggle-drawing-for-kids/ ; or blindfolded drawing
53. Put on a puppet show using toys behind the couch
54. Make DIY rain clouds in a jar pinterest.com.au/pin/120471358768337332/
55. Do the magic milk experiment pinterest.com.au/pin/120471358754816698/
56. Create a sensory shaker bottle using an old bottle, glitter and water (and whatever else you'd like to put in there!)
57. Outdoor games like egg and spoon race, tag team races, three legged races, or play stuck in the mud
58. Fold paper planes and see how far they will fly
59. Build the highest block tower you can
60. Learn how to bake bread
61. Make a lego zip line littlebinsforlittlehands.com/lego-zip-line-homemade-toy-zip-line-kids/
62. Keep a balloon in the air as long as possible
63. Build a house with a deck of cards
64. String up the Christmas lights in your living room
65. Play cinema- make tickets, popcorn, give your guests a rug and watch a movie together
66. Play hotels using your bedrooms as "hotel rooms" or restaurants by setting up the dining room like a restaurant with menus (or hospitals, vets, banks etc)
67. Make up a workout and do it together (eg- 25 star jumps, 20 squats, 15 crunches, hop like a bunny around the lounge room, frog leap your partner)
68. Choose an inspirational quote and create a poster for your room
69. Change the bedsheets and build a sheet city in your bedroom before they get washed!

70. Press flowers within a few heavy books
71. Play the gummy bear game (using dice and 5 gummies each. Roll a 1 you eat one in your pile, a 2 you pass one bear to your left, a 3 you pass to your right, a 4 you keep it, a 5 you eat it, a 6 you keep it- keep playing till the gummies are gone!)
72. Make sidewalk paint apartmenttherapy.com/how-to-make-sidewalk-chalk-pai-84828
73. Make a magic potion using aromatherapy oils, glitter, water, petals
74. Take some garden clippings and see which ones you can get to grow roots for replanting
75. Use masking tape to make a race track. Race matchbox cars. Or use the inside of your bathtub as a ramp for racing.
76. Listen to a kids podcast or audio book. Podcast suggestions: Brains on, Wow in the world, Circle round, Little green pod, Good night stories for rebel girls, Fierce girls, Story pirates, But why?
77. With some old clothes, cut and create clothes for your toys
78. Take everyone's height measurement on a door frame
79. Using butchers paper trace a partners whole body. Now try to include as many body parts and organs as you can.
80. Give someone a back, foot or head massage
81. Try sharpie tie dye using a sharpie and rubbing alcohol pinterest.com.au/pin/120471358768337745/
82. Take some artistic photos in black and white. Play around with filters and see what you can create. You could use a phone or learn how to use the proper camera (if you have one)
83. Water play- buckets, scoopers, whisk, pouring jugs, straws, bubbles!
84. Have a picnic lunch outside. Take books and toys with you
85. Sort through all your crafts and art supplies. See if something inspires you. Organise and sharpen all your pencils and test all your markers
86. Make a bottle rocket frugalfun4boys.com/epic-bottle-rocket-flew-higher-2-story-house/
87. Make rainbow paper sciencekiddo.com/rainbow-paper-kid-color-science/
88. Make a stained glass window using clear contact & cellophane pinkstripeysocks.com/2013/07/contact-paper-and-cellophane-stained.html?m=1
89. Make a marble run buggyandbuddy.com/10-awesome-homemade-marble-runs/
90. Paint a stick gnome pinterest.com.au/pin/120471358769742437/
91. Make a rainbow stick pinterest.com.au/pin/120471358768339841/
92. Jump rope - can you get to 100 without stopping?
93. Take apart an old appliance. Can you put it back together?
94. Research your family tree - see how far back you can go
95. Make a time capsule of this time to be opened in ten years
96. Get swimmers on and wash the car or your bike!
97. Set up camp in the garden and play inside the tent
98. Write a letter to a friend, relative or teacher to mail
99. Lie on a rug in the garden and spot cloud shapes. Make up a story about what you see.
100. Work together to a family emblem, motto or song. Include elements that are important to you and your family
101. Learn to finger knit, french knit or braid wool into friendship bracelets
102. Sketch your dream red carpet look!
103. Try Michaelangelo drawing under the table pinterest.com.au/pin/120471358768337776/
104. Make a pretty lantern using an old jar, tissue paper and glue pinterest.com.au/pin/232216924514964027

105. Make an infinite paper flipper! pinterest.com.au/pin/833517843522854656/
106. Make frozen dinosaur eggs (or you could use fairies, or Ooshies etc) pinterest.com.au/pin/815362707513858208/
107. Make a paper cut out family pinterest.com.au/pin/142285669464029864/
108. Make a paper plate whale pinterest.com.au/pin/575123814914968111/
109. Try dying some old plain fabric using natural dyes pinterest.com.au/pin/526358275201444269/
110. Do a chalk photo shoot pinterest.com.au/pin/450148925236459598/
111. Interview the members of your family thesoltropsix.com/2018/09/23/interview-questions-to-ask-your-kids-every-year-free-printable/
112. Make a popsicle stick catapult mombrite.com/popsicle-stick-catapult/
113. Can you draw or paint with your feet? pinterest.com.au/pin/350295677269361258/

About Rebecca

OVER THE PAST 25 YEARS...

Rebecca Sparrow has been a travel writer, a magazine editor, a newspaper columnist, a TV scriptwriter and a novelist. She is perhaps best-known as the author of three best-selling non-fiction books for teenage girls designed to help them navigate those tricky high school years. Those books include *Find Your Tribe (and 9 other things I wish I'd known in high school)*; *Find Your Feet (The 8 things I Wish I'd Known Before I Left High School)* and the best-selling *Ask Me Anything (heartfelt answers to 65 anonymous questions from teenage girls)*.

Aside from writing books Rebecca writes for Mamamia, plays agony aunt to teenage girls on the Ask Me Anything podcast and runs an online course called The Lighthouse Plan to help parents build deeper bonds with their daughters. Bec talks to thousands of high school students every year about friendship, resilience, giving back and life online. Rebecca is an ambassador for The Pyjama Foundation, ReachOut Parents and #TeamGirls a joint initiative by Suncorp and Netball Australia. In 2018 she was invited to be a member of the Queensland Government's Anti-Cyber Bullying Taskforce. She is a mother to three kids (including one tween girl!).

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